

Karate

Ages
7-12 years old



Program Description: The course being offered is a 6 Week basic training program. Basic martial arts techniques such as blocking, kicking and punching will be taught in a professional and safe manner. Students will learn valuable life lesson such as respect for self and others, academic achievement, goal oriented, positive mindset to remain Healthy/Happy/Fit, increased self confidence and self-esteem as well as leadership skills.

Instructor's Background: Renshi Enzo is a 6th degree black belt in the martial arts with 30 years of experience. He has been operating successful martial arts schools on the north shore for the past 25 years.

Dates: Feb 7, 14, 21, 28, March 7, 14, 2019
Time: 6:00pm – 6:45pm
Age Group: 7-12 years old
Location: PJ Village Center 101-A East Broadway, PJ, NY 11777
Instructor: Renshi Enzo Aliotta
Fee: \$69- Resident / \$79- Non-Resident (Free T-Shirt)
Notes: Dress in fitness attire
Registration: PJ Rec Dept., 2nd Floor Village Center, 101-A East Broadway or call 631 802-2160



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Program: Karate Feb 7 – March 14, 2019 Please make checks to: Inc. Village of Port Jeff

Last Name: _____ First Name: _____ Parents Name: _____

Address: _____

Phone : _____ Cell Phone: _____

Email: _____ Age : _____

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SIGNATURE: _____ DATE: _____

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Payment Amount: _____ Payment Received by: _____ Check#: _____ CC: _____