1 FREE Guest Bring a Friend

FITNESS FOR EVERYONE

WITH NANCI HUNER

FITNESS FOR EVERYONE IS DESIGNED TO HELP IMPROVE AND ENHANCE MUSCLE TONE, REFINE BALANCE AND BOOST STRENGTH (ABDOMEN, ARMS & THIGHS).

Dates: Wednesday's, Oct. 18, 25, Nov. 1, 8, 15, 20 (Monday), 29, Dec. 6th

Time: 8:00-9:00am

Fee: $110/PJ Residents $120/Non-residents

Location: Port Jefferson Village Center

Registration: PJ Rec Dept., 2nd Floor Village Center, 101A East Broadway, Port Jeff, NY

Notes: Please bring a floor mat

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Program Name: Fitness for Everyone **October 18th Session**

Last Name: _____ First Name: _____

Address: _____

Phone: _____Emergency Contact :_____

Email: _____

THE UNDERSIGNED AGREES THAT THE VILLAGE OF PORT JEFFERSON, ITS AGENTS, OFFICERS, ELECTED AND APPOINTED OFFICIALS AND EMPLOYEES SHALL NOT BE LIABLE FOR ANY CLAIMS, INJURIES, DAMAGES OR EXPENSES SUSTAINED BY THE UNDERSIGNED AS A RESULT OF PARTICIPATION IN THE ACTIVITY DESCRIBED ABOVE. THIS RELEASE FROM LIABILITY SHALL APPLY TO ALL SUCH CLAIMS, INJURIES, DAMAGES OR EXPENSES REGARDLESS OF WHO IS AT FAULT AND EVEN IF CAUSED BY THE NEGLIGENCE, NEGLECT OR FAULT OF THE VILLAGE OF PORT JEFFERSON, ITS AGENTS, OFFICERS, ELECTED AND APPOINTED OFFICIALS AND EMPLOYEES. THIS RELEASE IS MADE WITH KNOWLEDGE THAT THE VILLAGE OF PORT JEFFERSON PROVIDES NO INSURANCE TO COVER CLAIMS, DAMAGES OR EXPENSES WHICH MAY RESULT FROM THE DESCRIBED ACTIVITY.

SIGNATURE_____ DATE_____

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